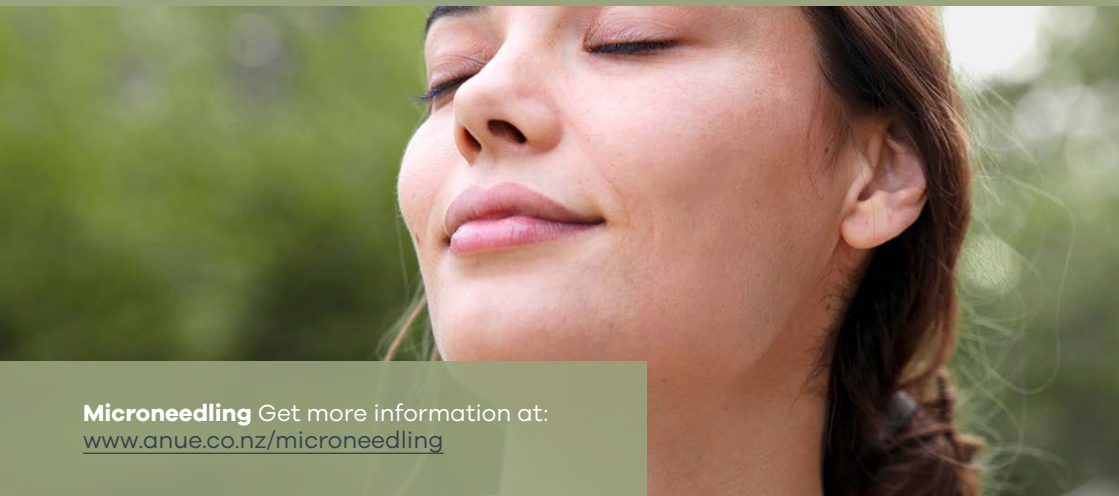


Microneedling

anue
A SKINTEL CLINIC



Microneedling Get more information at:
www.anue.co.nz/microneedling

Microneedling stimulates your body's own natural healing response to improve skin texture.

Microneedling is a procedure that involves the use of a medical device with fine needles to create controlled micro-injuries to the skin. This process stimulates the natural healing response leading to production of collagen and elastin which can improve the appearance and texture of the skin.

The treatment indications include acne scars, enlarged pores, fine lines and wrinkles, pigmentation conditions, stretch marks, surgical scars and more.

To ensure optimal results and minimize discomfort and potential complications, it is important to follow these post-treatment instructions.

Immediately After Treatment

For the first 24 hours post treatment:

- Use the provided the Lift HG gel. Reapply as needed or until the product is depleted. We do not recommend any other products within the first 24 hours of treatment.
- You may rinse your face with clean hands and cold water.
- Avoid touching or rubbing the treated area unnecessarily.
- Avoid sun exposure.

24 Hours After Treatment

- Use the provided Rescue Calming Complex. This is specifically formulated to soothe the skin.
- You can introduce gentle skin care.



72 Hours After Treatment

- Minimise sun exposure and wear a sunscreen (at least SPF50).
- Avoid strenuous exercise or excessive sweating.
- Avoid using creams containing retinoids (Vitamin A) and Vitamin C.

Expected results

It may take up to 12 weeks for the full effects of the treatment to develop.

A minimum of three treatments is recommended for optimal results.

Potential Adverse Effects

It is normal to experience redness, swelling and mild discomfort for a few days post-treatment. You may experience mild irritation, which usually settles within a few hours of the treatment.

These can be managed with cold compresses and non-steroidal medications.

Adverse Events

If you experience any unusual or severe side effects, such as excessive bleeding, oozing, or signs of infection, please contact us immediately.

Follow-up appointments

We recommend a follow-up appointment five weeks after treatment to assess your results, individual response and plan additional treatments if required.

We're dedicated to caring for you

We want you to be delighted with the results of your treatment at Anue. Following this guide can help ensure a successful recovery and maximize the benefits of your treatment.

If you have any questions or concerns at any point throughout your treatment, please do not hesitate to contact us.

Follow-up appointment(s):

Notes
