

Fractional Laser

anue
A SKINTEL CLINIC

Fractional laser. Get more information at:
www.anue.co.nz/frax



Non-ablative fractional lasers deliver targeted wavelengths for skin resurfacing.

Non-ablative fractional lasers deliver tiny, controlled bursts of energy to the skin which can stimulate collagen production and improve skin texture.

The skin surface is left intact, meaning rapid healing and a quick recovery. Down-time of 1-5 days is common.

Common treatment indications include rejuvenating sun-damaged skin, lightening pigmentation, and improving the appearance of wrinkles & scars.

Expected Progress

- An initial sensation of discomfort on the skin which will settle a few hours post-treatment.
- Transient swelling and redness are normal and will settle within 24–48 hours.

- MENDS (micro epidermal necrotic debris) will appear as small dots on the skin surface and typically resolves itself within 1–2 weeks.
- Sloughing is the natural wound healing process of the skin and will resolve within 2 weeks.

To ensure optimal results and minimise discomfort and potential complications, it is important to follow these post-treatment instructions.

Immediately After Treatment

- Use moisturiser and sunscreen for the first 24 hours. Minimise sun exposure.
- You can rinse with clean, cold water
- Avoid scrubbing or scratching. It is normal for the skin to feel a little itchy, warm, and rough.



- Severe discomfort or blistering is uncommon. Please contact us if this occurs.

24 hours after treatment

- The treated pigment will darken. This is a desired effect and can be covered up by makeup, which you can now reintroduce.
- Avoid heavy skin care such as aggressive cleansers, vitamin A, and vitamin C for 72 hours.
- Continue avoiding direct sunlight for at least 4 weeks post-treatment.
- Continue to moisturise and use sunscreen (SPF 50+).

Expected Results

It may take five weeks for the full effect of the treatment to develop.

A course of 2–4 treatments performed every 4–6 weeks is typical.

Potential Adverse Effects

If you experience any severe side effects, such as excessive redness, swelling, pain, blistering, or signs of infection, please contact us immediately.

Follow-up Appointments

We recommend a follow-up appointment five weeks after treatment to assess your results, individual response, and to plan additional treatments if required.

We’re dedicated to caring for you

We want you to be delighted with the results of your treatment at Anue. Following this guide can help ensure a successful recovery and maximize the benefits of your treatment.

If you have any questions or concerns at any point throughout your treatment, please do not hesitate to contact us.

Follow-up appointment(s):

Notes
